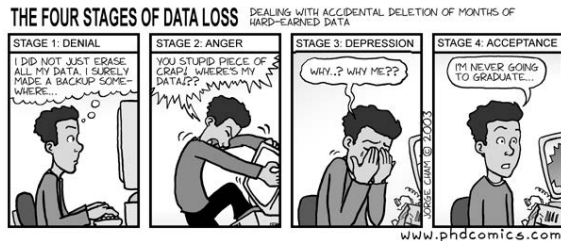


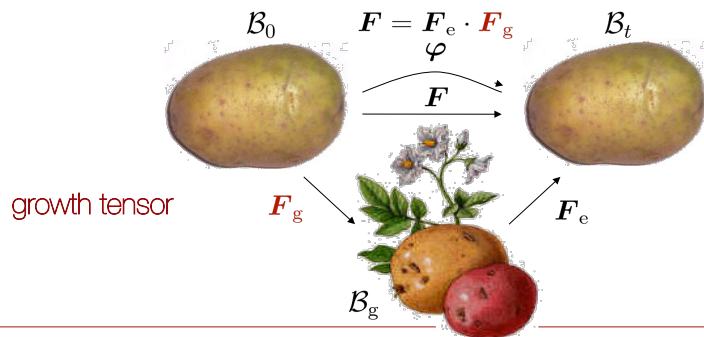
12 - finite element method - volume growth - implementation



12 - finite element method

1

the potato equations - kinematics



multiplicative decomposition

lee [1969], simo [1992], rodriguez, hoger & mc culloch [1994], epstein & maugin [2000],
humphrey [2002], ambrosi & mollica [2002], himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

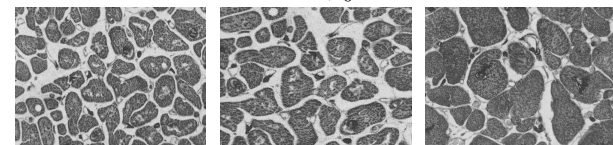
3

day	date	topic
tue	jan 07	motivation - everything grows!
thu	jan 09	basics maths - notation and tensors
tue	jan 14	project example - growing skin
thu	jan 16	kinematics - growing brains
tue	jan 21	basic kinematics - large deformation and growth
thu	jan 23	kinematics - growing hearts
tue	jan 28	kinematics - growing leaflets
thu	jan 30	basic balance equations - closed and open systems
tue	feb 04	basic constitutive equations - growing muscle
thu	feb 06	basic constitutive equations - growing tumors
tue	feb 11	volume growth - finite elements for growth - theory
thu	feb 13	volume growth - finite elements for growth - matlab
tue	feb 18	basic constitutive equations - growing bones
thu	feb 20	density growth - finite elements for growth
tue	feb 25	density growth - growing bones
thu	feb 27	everything grows! - midterm summary
tue	mar 04	midterm
thu	mar 06	remodeling - remodeling arteries and tendons
tue	mar 11	class project - discussion, presentation, evaluation
thu	mar 13	class project - discussion, presentation, evaluation
thu	mar 14	written part of final projects due

where are we???

volume growth at constant density

- free energy $\psi_0 = \psi_0^{\text{neo}}(\mathbf{F}_e)$
- stress $\mathbf{P}_e = \mathbf{P}_e^{\text{neo}}(\mathbf{F}_e)$
- growth tensor $\mathbf{F}_g = \vartheta \mathbf{I}$ $D_t \vartheta = k_\vartheta(\vartheta) \text{tr}(\mathbf{C}_e \cdot \mathbf{S}_e)$
growth function pressure
- mass source $\mathcal{R}_0 = 3 \rho_0^* \vartheta^2 D_t \vartheta$
increase in mass



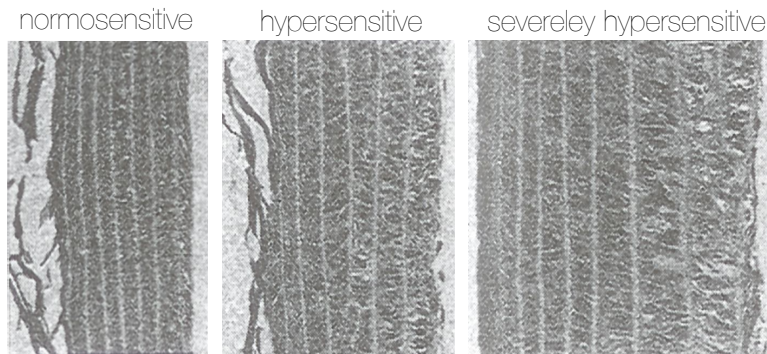
kinematic coupling of growth and deformation

rodriguez, hoger & mc culloch [1994], epstein & maugin [2000], humphrey [2002]

example - growth of aortic wall

4

volume growth of the aortic wall



wall thickening - thickening of musculoelastic fascicles

matsumoto & hayashi [1996], humphrey [2002]

example - growth of aortic wall

5

compensatory wall thickening during atherosclerosis

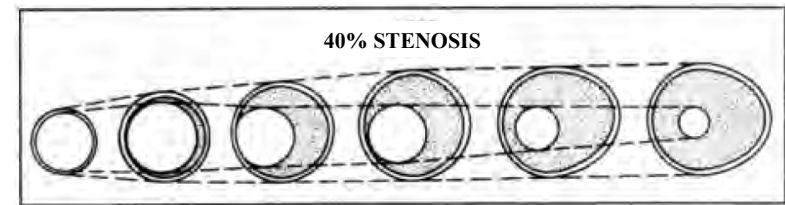


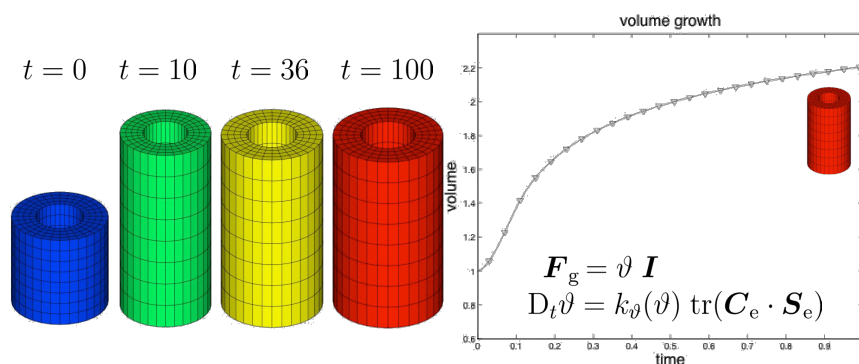
Figure 5. Diagrammatic representation of a possible sequence of changes in atherosclerotic arteries leading eventually to lumen narrowing and consistent with the findings of this study. The artery enlarges initially (left to right in diagram) in association with the plaque accumulation to maintain an adequate, if not normal, lumen area. Early stages of lesion development may be associated with overcompensation. At more than 40% stenosis, however, the plaque area continues to increase to involve the entire circumference of the vessel, and the artery no longer enlarges at a rate sufficient to prevent the narrowing of the lumen.

glagov, weissenberg, zarins, stankunavicius, kolettis [1987]

example - growth of aortic wall

6

volume growth in cylindrical tube



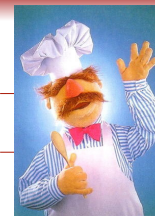
stress-induced volume growth

himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

7

recipe for finite element modeling



from continuous problem...

$$\rho_0 D_t \mathbf{v} = \operatorname{Div}(\mathbf{P}) + \mathbf{b}_0$$

- temporal discretization implicit euler backward
- spatial discretization finite element method
- staggered/simultaneous newton raphson iteration
- linearization gateaux derivative

... to linearized discrete initial boundary value problem

finite element method

8

key transformation - from strong form to weak form (1d)

- strong / differential form

$$\sum f = f^{\text{int}} + f^{\text{ext}} \doteq 0 \quad f^{\text{int}} = P'(\varphi)$$

- strong form / residual format

$$R(\varphi) = P'(\varphi) + f^{\text{ext}} \doteq 0$$

- weak / integral form - nonsymmetric $\forall \delta\varphi$

$$G(\delta\varphi; \varphi) = \int \delta\varphi \cdot [P'(\varphi) + f^{\text{ext}}] dx \doteq 0$$

- integration by parts

$$\int \delta\varphi \cdot P' dx = \int [\delta\varphi \cdot P]' dx - \int \delta\varphi' \cdot P dx$$

- integral theorem & neumann bc's

$$\int [\delta\varphi \cdot P]' dx = \delta\varphi \cdot P \Big|_{x=0}^{x=l}$$

- weak form / integral form - symmetric $\forall \delta\varphi$

$$\int \delta\varphi' \cdot P dx - \delta\varphi \cdot P \Big|_{x=0}^{x=l} - \int \delta\varphi \cdot f^{\text{ext}} dx \doteq 0$$

finite element method

9

from equilibrium equation...

- start with nonlinear mechanical equilibrium equation

$$\rho_0 \cancel{D_t} \mathbf{v} \approx \mathbf{0} \text{ quasi-static} = \text{Div}(\mathbf{P}) + \cancel{b_0} \approx \mathbf{0} \text{ no gravity}$$



- cast it into its residual format

$$\mathbf{R}^\varphi(\varphi) = \mathbf{0} \quad \text{in } \mathcal{B}_0$$

- with residual

$$\mathbf{R}^\varphi = \rho_0 D_t \mathbf{v} - \text{Div}(\mathbf{P}) - b_0$$

... to residual format

finite element method

10

residual equation...

- strong / differential form

$$\mathbf{R}^\varphi = \rho_0 D_t \mathbf{v} - \text{Div}(\mathbf{P}) - b_0 = \mathbf{0} \quad \text{in } \mathcal{B}_0$$

- dirichlet / essential boundary conditions (displacements)

$$\varphi - \bar{\varphi} = \mathbf{0} \quad \text{on } \partial\mathcal{B}_0^\varphi \quad \text{with } \partial\mathcal{B}_0^\varphi \cup \partial\mathcal{B}_0^{T^\varphi} = \partial\mathcal{B}_0$$

- neumann / natural boundary conditions (tractions)

$$\mathbf{P} \cdot \mathbf{N} - \bar{\mathbf{T}}^\varphi = \mathbf{0} \quad \text{on } \partial\mathcal{B}_0^{T^\varphi} \quad \text{and } \partial\mathcal{B}_0^\varphi \cap \partial\mathcal{B}_0^{T^\varphi} = \emptyset$$

... and boundary conditions

finite element method

11

from strong form...

- strong / differential form

$$\mathbf{R}^\varphi = \rho_0 D_t \mathbf{v} - \text{Div}(\mathbf{P}) - b_0 = \mathbf{0} \quad \text{in } \mathcal{B}_0$$

- multiplication with test function & integration

$$G^\varphi(\delta\varphi; \varphi) = \int_{\mathcal{B}_0} \delta\varphi \cdot \mathbf{R}^\varphi dV = 0 \quad \forall \delta\varphi \text{ in } \mathcal{H}_1^0(\mathcal{B}_0)$$

- weak form / nonsymmetric $\overset{\text{no}}{\text{derivative}} \overset{\text{second}}{\text{derivative}}$

$$G^\varphi = \int_{\mathcal{B}_0} \delta\varphi \cdot \rho_0 D_t \mathbf{v} dV - \int_{\mathcal{B}_0} \delta\varphi \cdot \text{Div}(\mathbf{P}) dV - \int_{\mathcal{B}_0} \delta\varphi \cdot b_0 dV$$

... to nonsymmetric weak form

finite element method

12



from non-symmetric weak form...

- integration by parts

$$\int_{B_0} \delta \varphi \cdot \text{Div}(\mathbf{P}) dV = \int_{B_0} \text{Div}(\delta \varphi \cdot \mathbf{P}) dV - \int_{B_0} \nabla \delta \varphi : \mathbf{P} dV$$

- gauss theorem & boundary conditions

$$\int_{B_0} \text{Div}(\delta \varphi \cdot \mathbf{P}) dV = \int_{\partial B_0^T} \varphi \cdot \mathbf{P} \cdot \mathbf{N} dA = \int_{\partial B_0^T} \delta \varphi \cdot \bar{\mathbf{T}} dA$$

- weak form / symmetric ^{first derivative} ^{first derivative}

$$\mathbf{G}^\varphi = \int_{B_0} \delta \varphi \cdot \rho_0 \mathbf{D}_t \mathbf{v} dV + \int_{B_0} \nabla \delta \varphi : \mathbf{P} dV - \int_{\partial B_0^T} \delta \varphi \cdot \bar{\mathbf{T}} dA - \int_{B_0} \delta \varphi \cdot \mathbf{b}_0 dV$$

... to symmetric weak form

finite element method

13

spatial discretization

- discretization

$$B_0 = \bigcup_{e=1}^{n_{el}} B_0^e$$

- interpolation of test functions

$$\delta \varphi^h|_{B_0^e} = \sum_{j=1}^{n_{en}} N_\varphi^j \delta \varphi_j \in \mathcal{H}_1^0(B_0) \quad \nabla \delta \varphi^h|_{B_0^e} = \sum_{j=1}^{n_{en}} \delta \varphi_j \otimes \nabla N_\varphi^j$$

- interpolation of trial functions

$$\varphi^h|_{B_0^e} = \sum_{l=1}^{n_{en}} N_\varphi^l \varphi_l \in \mathcal{H}_1(B_0) \quad \nabla \varphi^h|_{B_0^e} = \sum_{l=1}^{n_{en}} \varphi_l \otimes \nabla N_\varphi^l$$

... to discrete weak form

finite element method

14

from discrete weak form...

- discrete weak form

$$\mathbf{G}^\varphi = \delta \varphi_J \cdot \mathbf{R}_J^\varphi(\varphi_{n+1}^h) = 0 \quad \forall \delta \varphi_J$$

- discrete residual format

$$\mathbf{R}_J^\varphi(\varphi_{n+1}^h) = 0 \quad \forall J = 1, \dots, n_{np}$$

- discrete residual

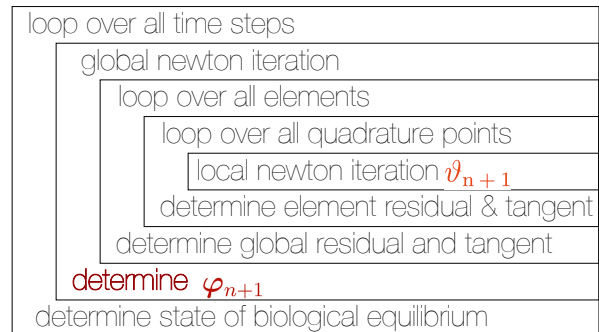
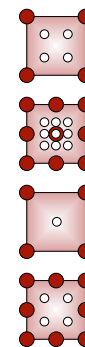
$$\mathbf{R}_J^\varphi = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} N_\varphi^j \mathbf{D}_t \mathbf{v}_{n+1} dV + \int_{B_0^e} \nabla N_\varphi^j \cdot \mathbf{P}_{n+1} dV - \int_{\partial B_0^e} N_\varphi^j \bar{\mathbf{T}}_{n+1} dA - \int_{B_0^e} N_\varphi^j \mathbf{b}_{0,n+1} dV$$

... to discrete residual

finite element method

15

integration point based solution of growth equation



growth multiplier ϑ as internal variable

finite element method

16

nlin_fem.m

```

%%% loop over all load steps %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
for is = (nsteps+1):(nsteps+inpstep);
    iter = 0; residuum = 1;
    %%% global newton-raphson iteration %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
    while residuum > tol
        iter=iter+1;
        R = zeros(ndof,1); K = sparse(ndof,ndof);
        e_spa = extr_dof(edof,dof);
        %%% loop over all elements %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
        for ie = 1:nel
            [Ke,Re,Ie] = element1(e_mat(ie,:),e_spa(ie,:),i_var(ie,:),mat);
            [K, R, I] = assm_sys(edof(ie,:),K,Ke,R,Re,I,Ie);
        end
        %%% loop over all elements %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
        u_inc(:,2)=dt*u_pre(:,2); R = R - time*F_pre;   dofold = dof;
        [dof,F] = solve_nr(K,R,dof,iter,u_inc);
        residuum= res_norm((dof-dofold),u_inc);
    end
    %%% global newton-raphson iteration %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
    time = time + dt;   i_var = I;   plot_int(e_spa,i_var,nel,is);
end
%%% loop over all load steps %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%

```

finite element method

17

discrete residual



- discrete residual

$$\mathbf{R}_J^\varphi = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_\varphi^j \cdot \mathbf{P}_{n+1} dV = 0 \quad \forall J = 1, \dots, n_{np}$$

righthand side vector for global system of equations

finite element method

18

@ the element level



- determine global residual

check in matlab!

$$\mathbf{R}_J^\varphi = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_\varphi^j \cdot \mathbf{P}_{n+1} dV$$

- residual of mechanical equilibrium/balance of momentum

righthand side vector for global system of equations

finite element method

19

discrete residual

check in matlab!

$$\mathbf{R}_J^\varphi = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_\varphi^j \cdot \mathbf{P}_{n+1} dV$$

```

for i=1:nod
    en=(i-1)*2;
    Re(en+ 1) = Re(en+ 1) +(P(1,1)*dNx(1,i)' ...
        + P(1,2)*dNx(2,i)') * detJ * wp(ip);
    Re(en+ 2) = Re(en+ 2) +(P(2,1)*dNx(1,i)' ...
        + P(2,2)*dNx(2,i)') * detJ * wp(ip);
end

```

quads_2d.m/brick_3d.m

righthand side vector for global system of equations

finite element method

20

from discrete residual ...

- linearization / newton raphson scheme

$$\mathbf{R}_{Jn+1}^{\varphi k+1} = \mathbf{R}_{Jn+1}^{\varphi k} + d\mathbf{R}_J^{\varphi} \doteq 0 \quad \forall J = 1, \dots, n_{np}$$

- incremental residual

$$d\mathbf{R}_J^{\varphi} = \sum_{L=1}^{n_{en}} \mathbf{K}_{JL}^{\varphi\varphi} \cdot d\varphi_L \quad \mathbf{K}_{JL}^{\varphi\varphi} = \frac{d\mathbf{R}_J^{\varphi}}{d\varphi_L}$$

- system of equations

$$\mathbf{K}_{JL}^{\varphi\varphi} d\varphi_L = -\mathbf{R}_{Jn+1}^{\varphi k}$$

- incremental iterative update

$$\Delta\varphi_L = \Delta\varphi_L + d\varphi_L \quad \forall L = 1, \dots, n_{np}$$

... to linearized residual



finite element method

21

@ the element level

- stiffness matrix / iteration matrix



check in matlab!

$$\mathbf{K}_{JL}^{\varphi\varphi} = \frac{\partial \mathbf{R}_J^{\varphi}}{\partial \varphi_L} = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_{\varphi}^j \cdot \mathbf{D}_F \mathbf{P} \cdot \nabla N_{\varphi}^l dV$$

- linearization of residual wrt nodal dofs

iteration matrix for global system of equations

finite element method

23

linearized residual

- stiffness matrix / iteration matrix



$$\mathbf{K}_{JL}^{\varphi\varphi} = \frac{\partial \mathbf{R}_J^{\varphi}}{\partial \varphi_L} = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} N_{\varphi}^j \rho D_{\varphi} (D_t \mathbf{v}) N_{\varphi}^l dV + \int_{B_0^e} \nabla N_{\varphi}^j \cdot \mathbf{D}_F \mathbf{P} \cdot \nabla N_{\varphi}^l dV$$

4th order tensor - derivatives of 2nd order tensors wrt 2nd order tensor

- linearization of residual wrt nodal dofs

iteration matrix for global system of equations

finite element method

22

linearized residual

check in matlab!

$$\mathbf{K}_{JL}^{\varphi\varphi} = \frac{\partial \mathbf{R}_J^{\varphi}}{\partial \varphi_L} = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_{\varphi}^j \cdot \mathbf{D}_F \mathbf{P} \cdot \nabla N_{\varphi}^l dV$$

```

for i=1:nod; for j=1:nod
    eni=(i-1)*2; enj=(j-1)*2;
    Ke(enj+1,eni+1)=Ke(enj+1,eni+1)+(dNx(1,i)*A(1,1,1,1)*dNx(1,j) ...
    +dNx(1,i)*A(1,1,1,2)*dNx(2,j) ...
    +dNx(2,i)*A(1,2,1,1)*dNx(1,j) ...
    +dNx(2,i)*A(1,2,1,2)*dNx(2,j))*detJ*wp(ip);
end; end
    
```

quads_2d.m/brick_3d.m

iteration matrix for global system of equations

finite element method

24

from integral equations...

- integral equations cannot be evaluated analytically



$$\mathbf{R}_j^e = \int_{\zeta} \int_{\eta} \int_{\xi} \nabla N_{\varphi}^j(\xi, \eta, \zeta) \cdot \mathbf{P}_{n+1}(\xi, \eta, \zeta) \det(\mathbf{J}(\xi, \eta, \zeta)) d\xi d\eta d\zeta$$

$$\mathbf{K}_{jl}^e = \int_{\zeta} \int_{\eta} \int_{\xi} \nabla N_{\varphi}^j(\xi, \eta, \zeta) \cdot \mathbf{D}_F \mathbf{P}(\xi, \eta, \zeta) \cdot \nabla N_{\varphi}^l(\xi, \eta, \zeta) \det(\mathbf{J}(\xi, \eta, \zeta)) d\xi d\eta d\zeta$$

- idea - numerical iteration / quadrature

$$\mathbf{R}_j^e \approx \sum_{i=0}^n \nabla N_{\varphi}^j(\xi_i, \eta_i, \zeta_i) \cdot \mathbf{P}_{n+1}(\xi_i, \eta_i, \zeta_i) \det(\mathbf{J}(\xi_i, \eta_i, \zeta_i)) w_i$$

$$\mathbf{K}_{jl}^e \approx \sum_{i=0}^n \nabla N_{\varphi}^j(\xi_i, \eta_i, \zeta_i) \cdot \mathbf{D}_F \mathbf{P}(\xi_i, \eta_i, \zeta_i) \cdot \nabla N_{\varphi}^l(\xi_i, \eta_i, \zeta_i) \det(\mathbf{J}(\xi_i, \eta_i, \zeta_i)) w_i$$

... to discrete sums

finite element method

25

numerical integration

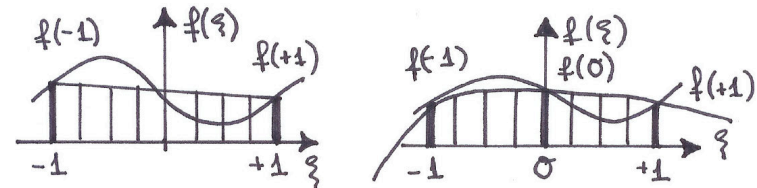
- integral equations are approximated by discrete sums



$$\int_a^b f(\xi) d\xi \approx [b - a] \sum_{i=0}^n f(\xi_i) w_i$$

ξ_i ... quadrature point coordinates

w_i ... quadrature point weights



finite element method

26

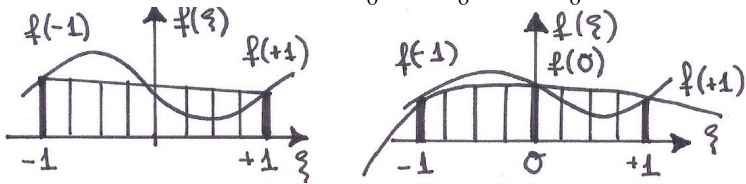


newton cotes quadrature - accuracy [n-1]

equidistant quadrature points @ $\xi_i = -1 + 2 \frac{i}{n}$

$$n=2 \quad \int_{\xi=-1}^{+1} f(\xi) d\xi \approx 2 [f(\xi_0) w_0 + f(\xi_1) w_1] = f(-1) + f(+1) \quad \text{trapezoidal rule}$$

$$n=3 \quad \int_{\xi=-1}^{+1} f(\xi) d\xi \approx 2 [f(\xi_0) w_0 + f(\xi_1) w_1 + f(\xi_2) w_2] = 2 [f(-1) \frac{1}{6} + f(0) \frac{4}{6} + f(+1) \frac{1}{6}] \quad \text{simpson rule}$$



finite element method

27



gauss legendre quadrature - accuracy [2n-1]

optimized quadrature points

$$n=1 \quad \int_{\xi=-1}^{+1} f(\xi) d\xi \approx 2 [f(0) 1]$$

$$n=2 \quad \int_{\xi=-1}^{+1} f(\xi) d\xi \approx 2 [f(-\frac{1}{\sqrt{3}}) \frac{1}{2} + f(+\frac{1}{\sqrt{3}}) \frac{1}{2}]$$

$$n=3 \quad \int_{\xi=-1}^{+1} f(\xi) d\xi \approx 2 [f(-\frac{3}{\sqrt{5}}) \frac{5}{18} + f(0) \frac{8}{18} + f(+\frac{3}{\sqrt{5}}) \frac{5}{18}]$$

most fe programs prefer gauss over newton!

finite element method

28

quads_2d.m

```
function [Ke,Re,Ie]=element1(e_mat,e_spa,i_var,mat)
%% element stiffness matrix Ke, residual Re, internal variables Ie
Ie = i_var;
Re = zeros(8,1);
Ke = zeros(8,8);
nod=4; delta = eye(2);
indx=[1;3;5;7]; ex_mat=e_mat(indx);
indy=[2;4;6;8]; ey_mat=e_mat(indy);
%% integration points
g1=0.577350269189626; w1=1;
gp(:,1)=[-g1; g1;-g1; g1]; w(:,1)=[ w1; w1; w1; w1];
gp(:,2)=[-g1;-g1; g1; g1]; w(:,2)=[ w1; w1; w1; w1];
wp=w(:,1).*w(:,2); xsi=gp(:,1); eta=gp(:,2);
%% shape functions and derivatives in isoparametric space
N(:,1)=(1-xsi).*(1-eta)/4; N(:,2)=(1+xsi).*(1-eta)/4;
N(:,3)=(1+xsi).*(1+eta)/4; N(:,4)=(1-xsi).*(1+eta)/4;
dNr(1:2:8 ,1)=-(1-eta)/4; dNr(1:2:8 ,2)= (1-eta)/4;
dNr(1:2:8 ,3)= (1+eta)/4; dNr(1:2:8 ,4)=-(1+eta)/4;
dNr(2:2:8+1,1)=-(1-xsi)/4; dNr(2:2:8+1,2)=-(1+xsi)/4;
dNr(2:2:8+1,3)= (1+xsi)/4; dNr(2:2:8+1,4)= (1-xsi)/4;
JT=dNr*[ex_mat;ey_mat]';
%% element stiffness matrix Ke, residual Re, internal variables Ie
```



finite element method

29

quads_2d.m

```
%% loop over all integration points
for ip=1:4
indx=[2*ip-1; 2*ip]; detJ=det(JT(indx,:));
if detJ<10*eps; disp('Jacobi determinant less than zero!'); end;
JTinv=inv(JT(indx,:)); dNx=JTinv*dNr(indx,:);
F=zeros(2,2);
for j=1:4
jndx=[2*j-1; 2*j];
F=F+e_spa(jndx)'*dNx(:,j)';
end
var = i_var(ip);
[A,P,var]=cnst_law(F,var,mat);
Ie(ip) = var;
for i=1:nod
en=(i-1)*2;
Re(en+ 1) = Re(en+ 1) +(P(1,1)*dNx(1,i)' ...
+ P(1,2)*dNx(2,i)') * detJ * wp(ip);
Re(en+ 2) = Re(en+ 2) +(P(2,1)*dNx(1,i)' ...
+ P(2,2)*dNx(2,i)') * detJ * wp(ip);
end
%% loop over all integration points
%% element stiffness matrix Ke, residual Re, internal variables Ie
```

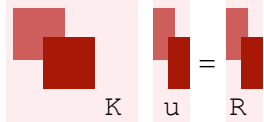


finite element method

30

assm_sys.m

```
function [K,R,I]=assm_sys(edof,K,Ke,R,Re,I,Ie)
%% assemble local element contributions to global tangent & residual
%% input: edof = [ elem X1 Y1 X2 Y2 ] ... incidence matrix
Ke = [ ndof x ndof ] ... element tangent Ke
Re = [ fx_1 fy_1 fx_2 fy_2 ] ... element residual Re
%% output: K = [ ndof x ndof ] ... global tangent K
R = [ ndof x 1 ] ... global residual R
[nie,n]=size(edof);
I(edof(:,1),:)=Ie(:);
t=edof(:,2:n);
for i = 1:nie
K(t(i,:),:)= K(t(i,:),:)+Ke;
R(t(i,:)) =R(t(i,:)) +Re;
end
%%
```



finite element method

31

@ integration point level

- constitutive equations - given $\mathbf{F} = \nabla \varphi$ calculate \mathbf{P}
- update growth multiplier for current stress state from ϑ_n and $D_t \vartheta = k_\vartheta(\vartheta) \text{tr}(\mathbf{C}_e \cdot \mathbf{S}_e)$ calculate ϑ_{n+1}
- update growth tensor $\mathbf{F}^g = \vartheta \mathbf{I}$ and $\mathbf{F}^{g-1} = \frac{1}{\vartheta} \mathbf{I}$
- calculate elastic tensor $\mathbf{F} = \mathbf{F}^e \cdot \mathbf{F}^g$ $\mathbf{F}^e = \mathbf{F} \cdot \mathbf{F}^{g-1} = \mathbf{F} / \vartheta$
- calculate stress $\mathbf{P}(\mathbf{F}^e) = \mu \mathbf{F}^e + [\lambda \ln(\det(\mathbf{F}^e)) - \mu] \mathbf{F}^{e-t}$



stress for righthand side vector

finite element method

32



recipe for temporal discretization

explicit euler forward

- evolution of growth multiplier

$$D_t \vartheta = \frac{1}{\Delta t} [\vartheta_{n+1} - \vartheta_n] = \dot{\vartheta} \quad \text{finite difference approximation}$$

$$D_t \vartheta = k(\vartheta_n) \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) \quad \text{euler forward}$$
- direct update of growth multiplier

$$\vartheta_{n+1} = \vartheta_n + k(\vartheta_n) \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) \Delta t \doteq 0$$

$$k(\vartheta_n) = k_{\vartheta}^+ \left[\frac{\vartheta_{\max} - \vartheta_n}{\vartheta_{\max} - 1} \right] \quad \text{if} \quad \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) > 0$$

$$k(\vartheta_n) = k_{\vartheta}^+ \left[\frac{\vartheta_n - \vartheta_{\min}}{\vartheta_{\min} - 1} \right] \quad \text{if} \quad \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) < 0$$

conditionally stable - limited to small time steps

finite element method

33

@ the integration point level

- constitutive equations - given \mathbf{F} calculate \mathbf{P}



check in matlab!

$$\mathbf{P}(\mathbf{F}^e) = \mu \mathbf{F}^e + [\lambda \ln(\det(\mathbf{F}^e)) - \mu] \mathbf{F}^{e-t}$$

- stress calculation @ integration point level

stress for righthand side vector

finite element method

35



recipe for temporal discretization

implicit euler backward

- evolution of growth multiplier

$$D_t \vartheta = \frac{1}{\Delta t} [\vartheta_{n+1} - \vartheta_n] = \dot{\vartheta} \quad \text{finite difference approximation}$$

$$D_t \vartheta = k(\vartheta_{n+1}) \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) \quad \text{euler backward}$$
- discrete residual

$$\mathbf{R}_{n+1}^{\vartheta} = \vartheta_{n+1} - \vartheta_n - k(\vartheta_{n+1}) \text{tr}(\mathbf{C}^e \cdot \mathbf{S}^e) \Delta t \doteq 0$$
- local newton iteration

$$\mathbf{R}_{n+1}^{\vartheta k+1} = \mathbf{R}_{n+1}^{\vartheta k} + d\mathbf{R}^{\vartheta} \doteq 0 \quad d\mathbf{R}^{\vartheta} = \frac{d\mathbf{R}^{\vartheta}}{d\vartheta} d\vartheta$$

$$\vartheta_{n+1} \leftarrow \vartheta_n + d\vartheta \quad d\vartheta = \left[\frac{d\mathbf{R}^{\vartheta}}{d\vartheta} \right]^{-1} \mathbf{R}_{n+1}^{\vartheta k} \quad \text{iterative update}$$

unconditionally stable - larger time steps

finite element method

34

@ the integration point level

check in matlab!

$$\mathbf{P}(\mathbf{F}^e) = \mu \mathbf{F}^e + [\lambda \ln(\det(\mathbf{F}^e)) - \mu] \mathbf{F}^{e-t}$$

const_vol.m

```
Fe = F / theta;
Fe_inv = inv(Fe);
Je = det(Fe);
delta = eye(ndim);
P = xmu * Fe + (xlm * log(Je) - xmu) * Fe_inv;
```

stress for righthand side vector

finite element method

36

@ the integration point level



- tangent operator / constitutive moduli

check in matlab!

$$\mathbf{A} = \frac{d\mathbf{P}}{d\mathbf{F}} = \left. \frac{\partial \mathbf{P}}{\partial \mathbf{F}} \right|_{\mathbf{F}^g} + \frac{\partial \mathbf{P}}{\partial \mathbf{F}^g} : \frac{\partial \mathbf{F}^g}{\partial \vartheta} \otimes \left. \frac{\partial \vartheta}{\partial \mathbf{F}} \right|_{\mathbf{F}}$$

- linearization of stress wrt deformation gradient

tangents for iteration matrix

finite element method

37

@ the integration point level



- discrete update of growth multiplier

check in matlab!

$$R_{n+1}^{\vartheta} = \vartheta_{n+1} - \vartheta_n - k \operatorname{tr}(\mathbf{M}^e) \Delta t$$

- residual of biological equilibrium

local newton iteration

finite element method

39

@ the integration point level

check in matlab!

$$\mathbf{A} = \frac{d\mathbf{P}}{d\mathbf{F}} = \left. \frac{\partial \mathbf{P}}{\partial \mathbf{F}} \right|_{\mathbf{F}^g} + \frac{\partial \mathbf{P}}{\partial \mathbf{F}^g} : \frac{\partial \mathbf{F}^g}{\partial \vartheta} \otimes \left. \frac{\partial \vartheta}{\partial \mathbf{F}} \right|_{\mathbf{F}}$$

```
for i=1:ndim; for j=1:ndim; for k=1:ndim; for l=1:ndim    const_vol.m
    A(i,j,k,l) = xlm * Fe_inv(j,i)*Fe_inv(l,k) ...
    - (xlm * log(Je) - xmu) * Fe_inv(l,i)*Fe_inv(j,k) ...
    + xmu * delta(i,k)*delta(j,l) ...
    + ten1(i,j)*ten2(k,l);
end, end, end, end
A = A / theta;
```

tangent for iteration matrix

finite element method

38

@ the integration point level

check in matlab!

$$R_{n+1}^{\vartheta} = \vartheta_{n+1} - \vartheta_n - k \operatorname{tr}(\mathbf{M}^e) \Delta t$$

```
while abs(res) > tol    updt_vol.m
    res = k * tr_Me * dt - the_k1 + the_k0;
    dres = (dk_dthe * tr_Me + k * dtrM_dthe) * dt - 1;
end
```

local newton iteration

finite element method

40

cnst_vol.m

```
function[A,P,var]=cnst_vol(F,var,mat,ndim)
% determine tangent, stress and internal variable
emod = mat(1); nue = mat(2); kt = mat(3); kc = mat(4);
mt = mat(5); mc = mat(6); tt = mat(7); tc = mat(8); dt=mat(9);
xmu = emod / 2 / (1+nue); xlm= emod * nue / (1+nue) / (1-2*nue);
% update internal variable
[var,ten1,ten2]=updt_vol(F,var,mat,ndim);
theta =var(1)+1; Fe=F/theta; Fe_inv=inv(Fe); Je=det(Fe); delta=eye(ndim);
% first piola kirchhoff stress
P = xmu * Fe + (xlm * log(Je) - xmu) * Fe_inv';
% tangent
for i=1:ndim; for j=1:ndim; for k=1:ndim; for l=1:ndim
    A(i,j,k,l) = xlm * Fe_inv(j,i)*Fe_inv(l,k) ...
        + xmu * delta(i,k)* delta(j,l) ...
        + ten1(i,j)* ten2(k,l);
end, end, end, end;
A = A / theta;
```

finite element method

41

updt_vol.m

```
% local newton-raphson iteration
while abs(res) > tol
    iter=iter+1;
    Fe = F/the_k1; Fe_inv = inv(Fe); Ce = Fe'*Fe; Ce_inv = inv(Ce);
    Je = det(Fe); delta = eye(ndim);
    Se = xmu * delta + (xlm * log(Je) - xmu) * Ce_inv;
    Me = Ce*Se; tr_Me = trace(Me);
    CeleCe = ndim * ndim * xlm - 2 * ndim * (xlm * log(Je) - xmu);
    dtrM_dthe = - 1/the_k1 * ( 2*tr_Me + CeleCe );
    if tr_Me > 0
        k = kt*((tt-the_k1)/(tt-1))^mt;
        dk_dthe = k / (the_k1-tt) * mt;
    else
        k = kc*((the_k1-tc)/(1-tc))^mc;
        dk_dthe = k / (the_k1-tc) * mc;
    end
    res = k * tr_Me * dt - the_k1 + the_k0;
    dres =(dk_dthe * tr_Me + k * dtrM_dthe)*dt -1;
    the_k1 = the_k1 -res/dres;
    if(iter>20); disp(['*** NO LOCAL CONVERGENCE ***']); return; end;
% local newton-raphson iteration
```

finite element method

42

probing the material @the integration point

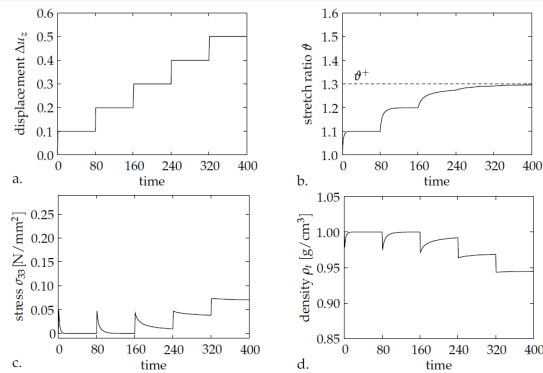


Figure 4.2: Isotropic simple tension test on a growing cube. (a) An incrementally increasing stretch is applied. (b) The stretch ratio converges time-dependently to the biological equilibrium. (c) The stresses vanish in the biological equilibrium state as long as $\vartheta < \vartheta^+$. (d) The density in the biological equilibrium state does not change as long as $\vartheta < \vartheta^+$.

himpel, kuhl, menzel & steinmann [2005]

finite element method

43

probing the material @the integration point

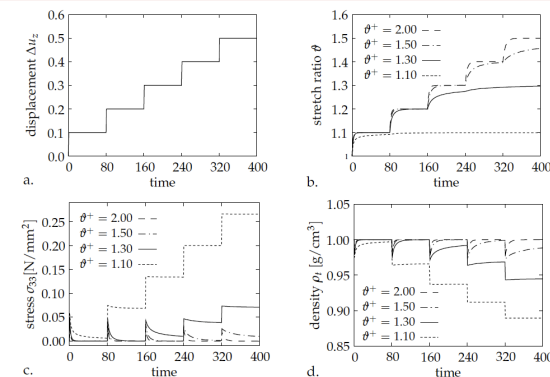


Figure 4.3: Variation of the limiting stretch ratio ϑ^+ in the simple tension test. The stretch ratio increases until the limiting value is reached. If the limiting value of the stretch ratio is reached the material behavior is purely elastic.

himpel, kuhl, menzel & steinmann [2005]

finite element method

44

probing the material @the integration point

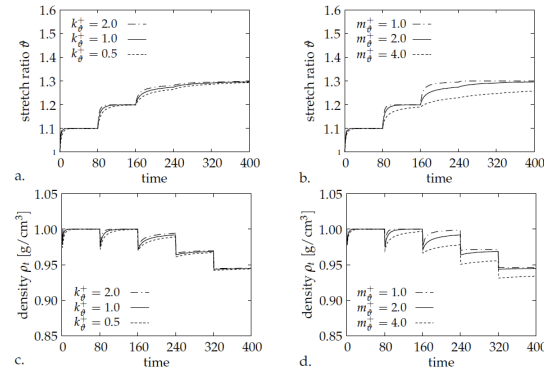


Figure 4.4: Variation of the material parameters k_s^+ and m_s^+ in the simple tension test. They influence the relaxation time, but not the final state at biological equilibrium.

himpel, kuhl, menzel & steinmann [2005]

finite element method

45

probing the material @the integration point

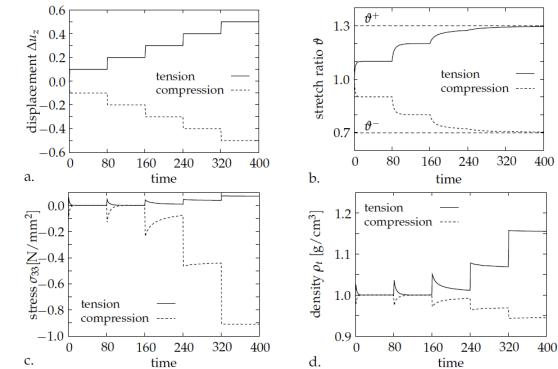


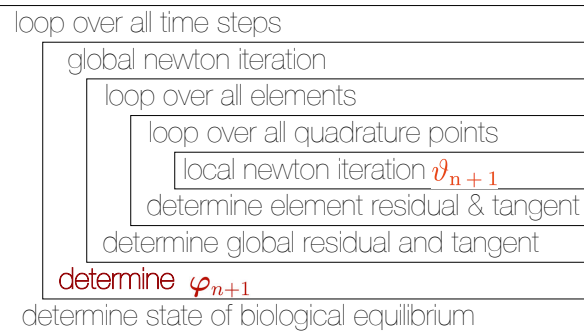
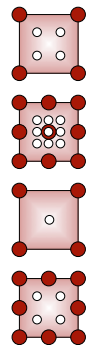
Figure 4.5: The material distinguishes between tension and compression. In case of tension the material grows, and in case of compression the material decreases.

himpel, kuhl, menzel & steinmann [2005]

finite element method

46

integration point based solution of growth equation



```

nlin_fem
nlin_fem
brick_3d
cnst_vol
upd_vol
cnst_vol
brick_3d
nlin_fem
nlin_fem
  
```

growth multiplier ϑ as internal variable

finite element method

47

ex_tube1.m

```

%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
function [q0,edof,emat,bc,F_ext,mat,ndim,nel,node,ndof,nip,nlod] = ex_tube1
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
%% material parameters for volume growth %%%%%%%%%%%%%%%
emod = 3.0; nue = 0.3;
kt = 0.5; kc = 0.25; mt = 4.0; mc = 5.0; tt = 1.5; tc = 0.5; dt=1.0;
mat=[emod,nue,kt,kc,mt,mc,tt,tc,dt];
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
l = 2.0; % length
ra = 1.0; % inner radius
ri = 0.5; % outer radius
nez = 8; % number of elements in longitudinal direction
ner = 4; % number of elements in radial direction
nep = 16; % number of elements in circumferential direction
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
tol = 1e-8;
ndim = 3;
nip = 8;
nel = nez * ner * nep;
node= (nez+1)*(ner+1)*nep;
ndof = ndim*node;
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
  
```

finite element method

48

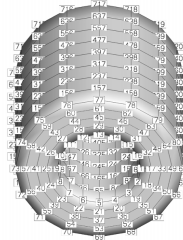
ex_tube1.m

```

%% coordinates %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
q0 = zeros(ndim*node,1);
nn = 0;

delta_z = 1 / nez;
delta_r = (ra-ri) / ner;
delta_t = 2*pi / nep;
for iz = 0:nez
    z = iz * delta_z;
    for ir = 0:ner
        r = ri + ir * delta_r;
        for ip = 0:(nep-1)
            p = ip * delta_t;
            nn = nn + ndim;
            q0(nn-2,1) = r*cos(p);
            q0(nn-1,1) = r*sin(p);
            q0(nn,1) = z;
        end
    end
end
%% coordinates %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%

```



finite element method

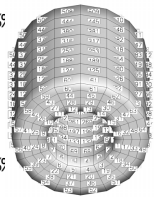
49

ex_tube1.m

```

%% connectivity %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
for ie = 1:nel
    edof(ie,:)=[ie, ndim*enod(ie,1)-2 ndim*enod(ie,1)-1 ndim*enod(ie,1) ...
                ndim*enod(ie,2)-2 ndim*enod(ie,2)-1 ndim*enod(ie,2) ...
                ndim*enod(ie,3)-2 ndim*enod(ie,3)-1 ndim*enod(ie,3) ...
                ndim*enod(ie,4)-2 ndim*enod(ie,4)-1 ndim*enod(ie,4) ...
                ndim*enod(ie,5)-2 ndim*enod(ie,5)-1 ndim*enod(ie,5) ...
                ndim*enod(ie,6)-2 ndim*enod(ie,6)-1 ndim*enod(ie,6) ...
                ndim*enod(ie,7)-2 ndim*enod(ie,7)-1 ndim*enod(ie,7) ...
                ndim*enod(ie,8)-2 ndim*enod(ie,8)-1 ndim*enod(ie,8)];
end
%% boundary conditions %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
du = l/2; nb = 0;
for ib = 1:(nep*(ner+1))
    if(abs(q0(ndim*(node-nep*(ner+1))+ndim*ib-2)-0.0)<tol)
        nb = nb+1; bc(nb,:) = [ndim*ib-2 0];
    end if(abs(q0(ndim*(node-nep*(ner+1))+ndim*ib-1)-0.0)<tol)
end
%% loading %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
load = 0.0; F_ext = zeros(ndof,1); nlod = 1;
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%

```



finite element method

50

ex_tube1.m

Copyright © 2005 Tech Science Press
Eng Sci. 2005;8:119-134

Comp Meth

Computational modelling of isotropic multiplicative growth

G. Himpel, E. Kuhl, A. Menzel, P. Steinmann

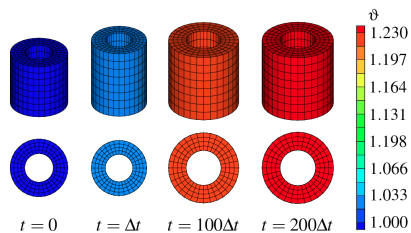


Figure 10 : Deformation of the tube and evolution of the stretch ratio for an axial stretch $u = 1.0$.

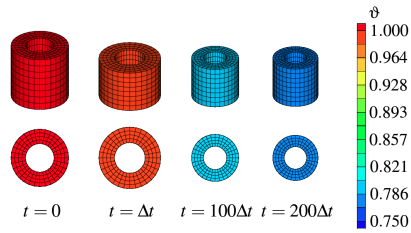


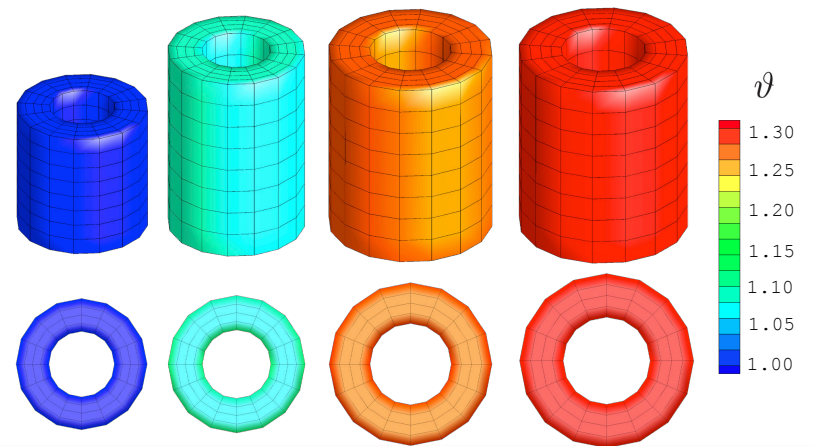
Figure 12 : Deformation of the tube and evolution of the stretch ratio for an axial compression $u = -1.0$.

himpel, kuhl, menzel & steinmann [2005]

finite element method

51

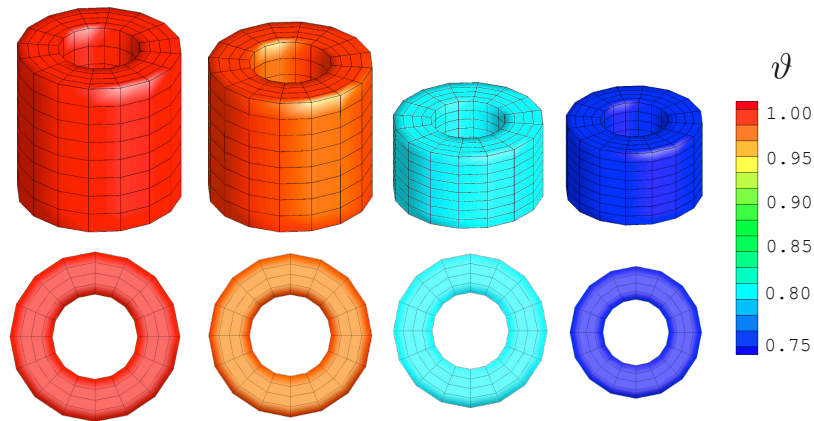
ex_tube1.m



finite element method

52

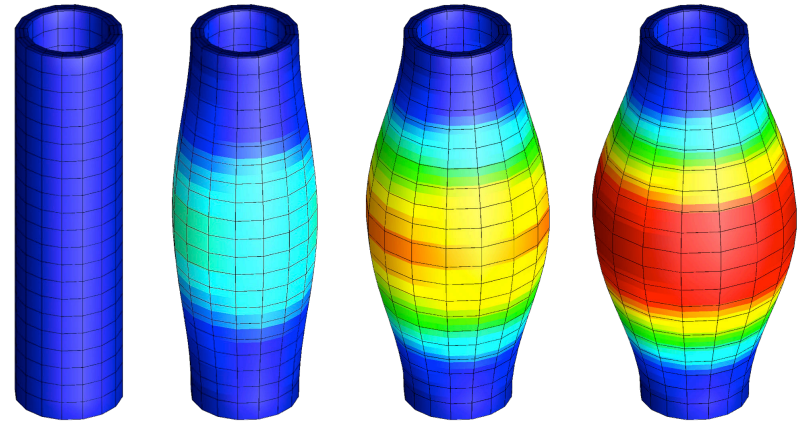
ex_tube2.m



finite element method

53

ex_tube3.m



finite element method

54

atherosclerosis

atherosclerosis is a condition in which an artery wall thickens as the result of a build-up of fatty materials. the atheromatous plaques, although compensated for by artery enlargement, eventually lead to plaque rupture and clots inside the arterial lumen. the clots leave behind stenosis, a narrowing of the artery, and insufficient blood supply to the tissues and organ it feeds. if the artery enlargement is excessive, a net aneurysm results. these complications of advanced atherosclerosis are chronic, slowly progressive and cumulative.



example - atherosclerosis

55

atherosclerosis

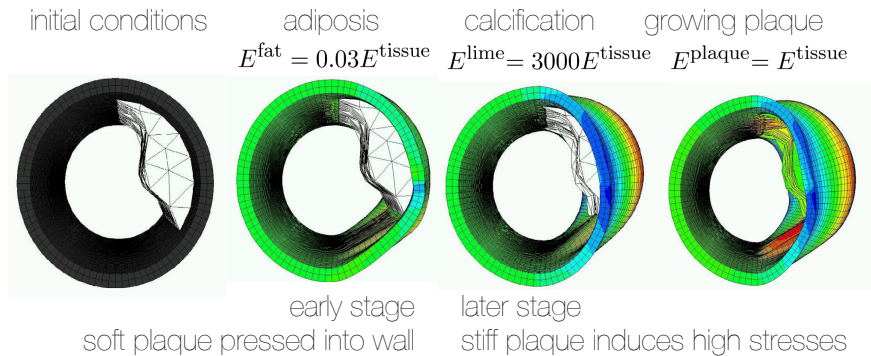


[greek] arteria = artery / sclerosis = hardening

example - atherosclerosis

56

qualitative simulation of atherosclerosis



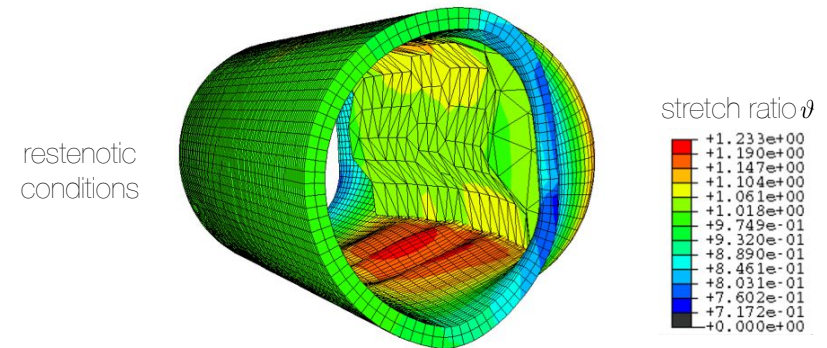
overall thickening - thickening of individual fascicles

holzapfel [2001], holzapfel & ogden [2003], kuhl, maas, himpel & menzel [2007]

example - atherosclerosis

57

qualitative simulation of atherosclerosis



re-narrowing of x-section in response to high stress

kuhl, maas, himpel & menzel [2007]

example - atherosclerosis

58

in-stent restenosis

restenosis is the reoccurrence of stenosis, the narrowing of a blood vessel, leading to restricted blood flow. restenosis usually pertains to a blood vessel that has become narrowed, received treatment, and subsequently became renarrowed. in some cases, surgical procedures to widen blood vessels can cause further narrowing. during balloon angioplasty, the balloon 'smashes' the plaques against the arterial wall to widen the size of the lumen. however, this damages the wall which responds by using physiological mechanisms to repair the damage and the wall thickens.

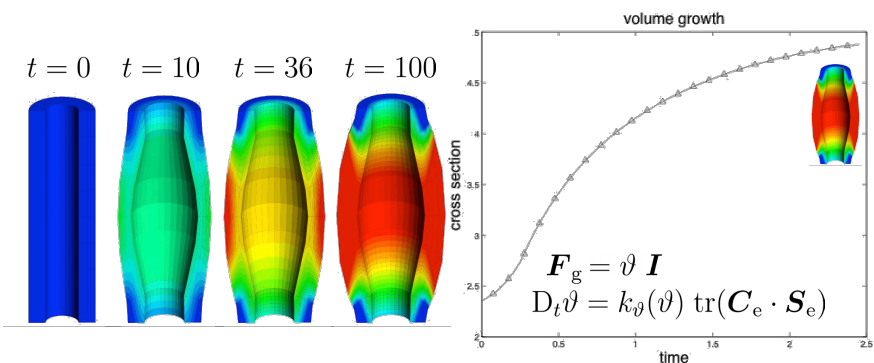


example - stenting and restenosis

59



qualitative simulation of stent implantation



stress-induced volume growth

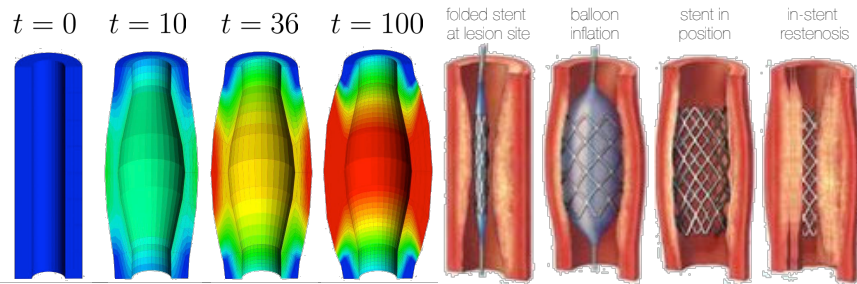
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

60



qualitative simulation of stent implantation



stress-induced volume growth

kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

61



generation of patient specific model



computer tomography - typical cross section

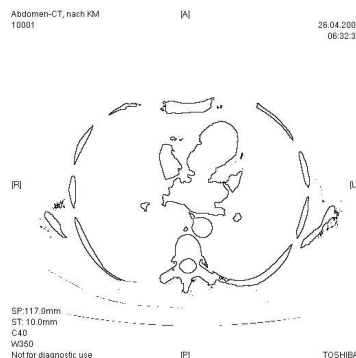
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

62



generation of patient specific model



outline of ct image - typical cross section

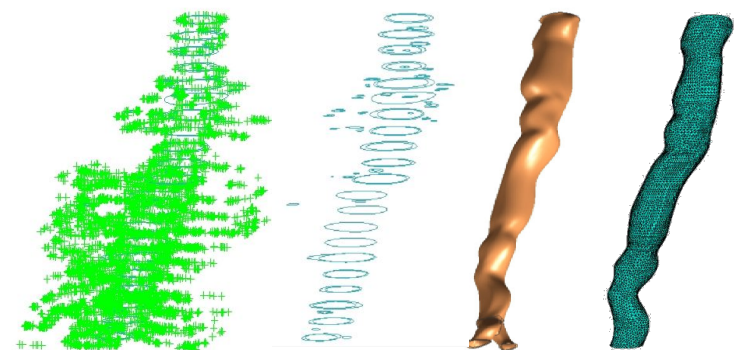
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

63



generation of patient specific model



from computer tomography to finite element model

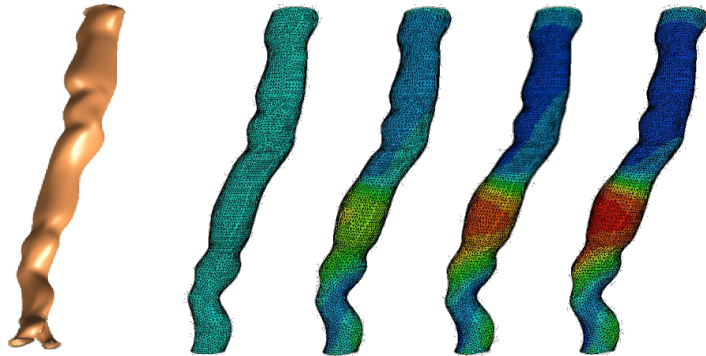
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

64



virtual stent implantation - patient specific model



tissue growth - response to virtual stent implantation

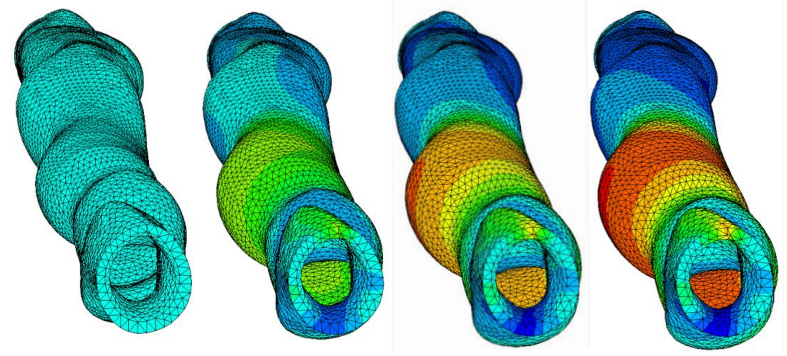
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

65



virtual stent implantation - patient specific model



tissue growth - response to virtual stent implantation

kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

66