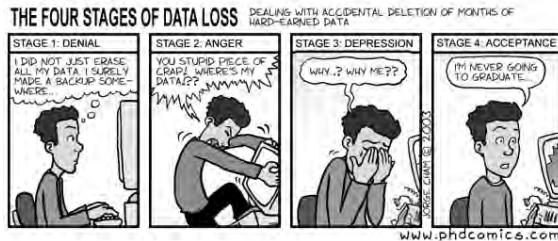


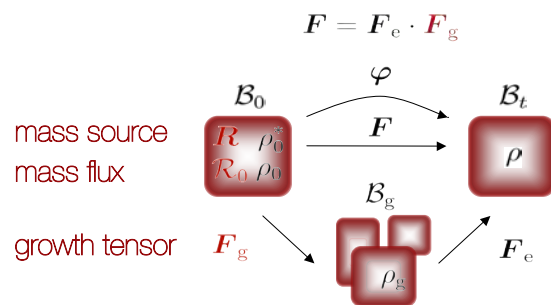
10 - finite element method - volume growth - implementation



10 - finite element method

1

kinematics of finite growth



multiplicative decomposition

lee [1969], simo [1992], rodriguez, hoger & mc culloch [1994], epstein & maugin [2000],
humphrey [2002], ambrosi & mollica [2002], himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

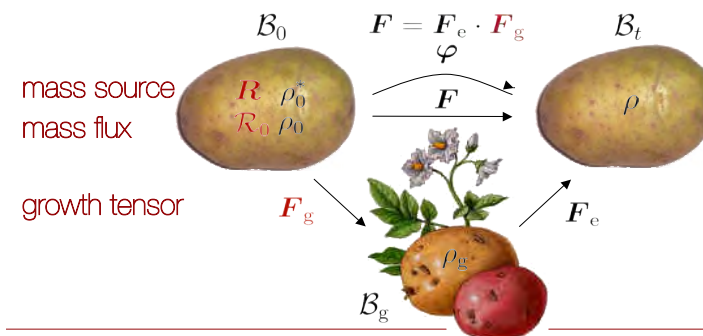
3

day	date	topic
tue	jan 10	motivation - everything grows!
thu	jan 12	basics maths - notation and tensors
tue	jan 17	basic kinematics - large deformation and growth
thu	jan 19	kinematics - growing hearts
tue	jan 24	guest lecture - growing skin
thu	jan 26	guest lecture - growing leaflets
tue	jan 31	basic balance equations - closed and open systems
thu	feb 02	basic constitutive equations - growing tumors
tue	feb 07	volume growth - finite elements for growth
thu	feb 09	volume growth - growing arteries
tue	feb 14	volume growth - growing skin
thu	feb 16	volume growth - growing hearts
tue	feb 21	basic constitutive equations - growing bones
thu	feb 23	density growth - finite elements for growth
tue	feb 28	density growth - growing bones
thu	mar 01	everything grows! - midterm summary
tue	mar 06	midterm
thu	mar 08	remodeling - remodeling arteries and tendons
tue	mar 13	class project - discussion, presentation, evaluation
thu	mar 15	class project - discussion, presentation, evaluation
thu	mar 15	written part of final projects due

where are we?

2

the potato equations - kinematics



multiplicative decomposition

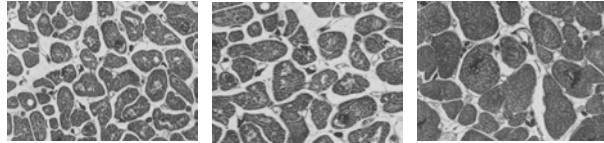
lee [1969], simo [1992], rodriguez, hoger & mc culloch [1994], epstein & maugin [2000],
humphrey [2002], ambrosi & mollica [2002], himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

4

volume growth at constant density

- free energy $\psi_a = \psi_0^{\text{neo}}(\mathbf{F}_e)$
- stress $\mathbf{P}_e = \mathbf{P}_e^{\text{neo}}(\mathbf{F}_e)$
- growth tensor $\mathbf{F}_g = \vartheta \mathbf{I}$ $\mathbf{D}_t \vartheta = k_\vartheta(\vartheta) \text{tr}(\mathbf{C}_e \cdot \mathbf{S}_e)$
growth function pressure
- mass source $\mathcal{R}_0 = 3 \rho_0^* \vartheta^2 \mathbf{D}_t \vartheta$ increase in mass



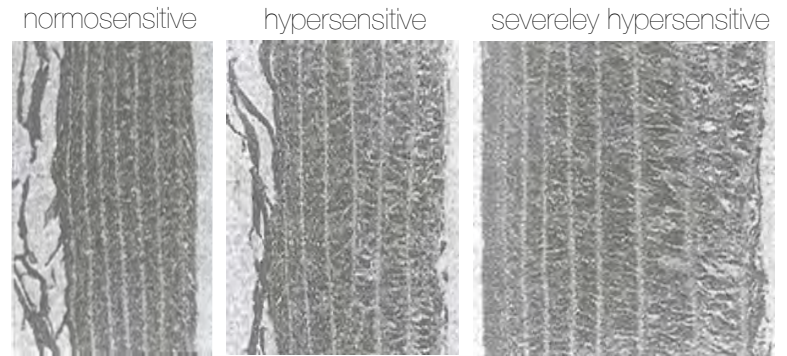
kinematic coupling of growth and deformation

rodriguez, hoger & mc culloch [1994], epstein & maugin [2000], humphrey [2002]

example - growth of aortic wall

5

volume growth of the aortic wall



wall thickening - thickening of musculoelastic fascicles

matsumoto & hayashi [1996], humphrey [2002]

example - growth of aortic wall

6

compensatory wall thickening during atherosclerosis

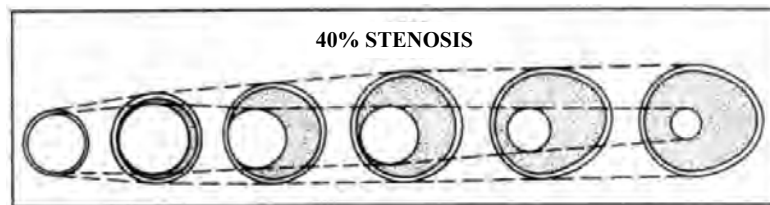


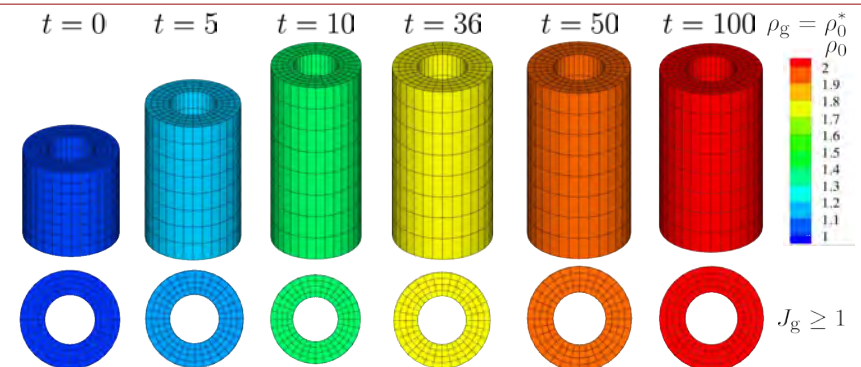
Figure 5. Diagrammatic representation of a possible sequence of changes in atherosclerotic arteries leading eventually to lumen narrowing and consistent with the findings of this study. The artery enlarges initially (left to right in diagram) in association with the plaque accumulation to maintain an adequate, if not normal, lumen area. Early stages of lesion development may be associated with overcompensation. at more than 40% stenosis, however, the plaque area continues to increase to involve the entire circumference of the vessel, and the artery no longer enlarges at a rate sufficient to prevent the narrowing of the lumen.

glagov, weissenberg, zarins, stankunavicius, kolettis [1987]

example - growth of aortic wall

7

volume growth in cylindrical tube



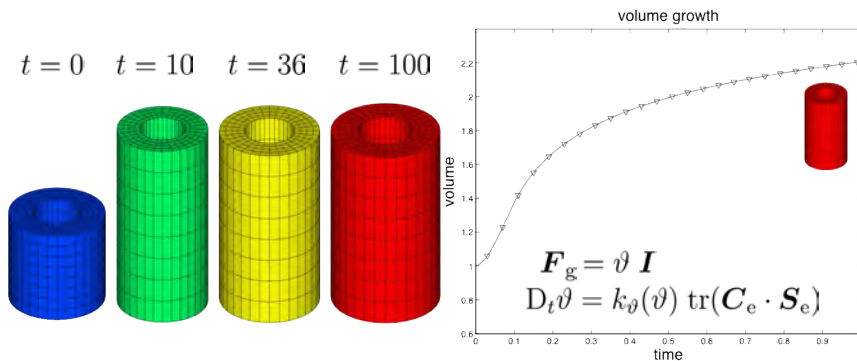
stress-induced volume growth

himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

8

volume growth in cylindrical tube



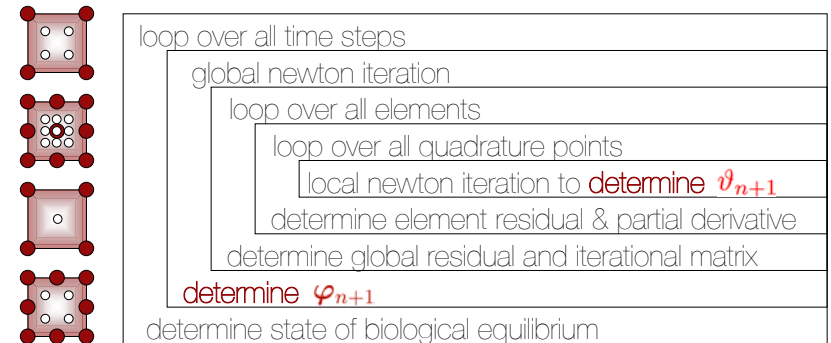
stress-induced volume growth

himpel, kuhl, menzel & steinmann [2005]

example - growth of aortic wall

9

integration point based solution of growth equation

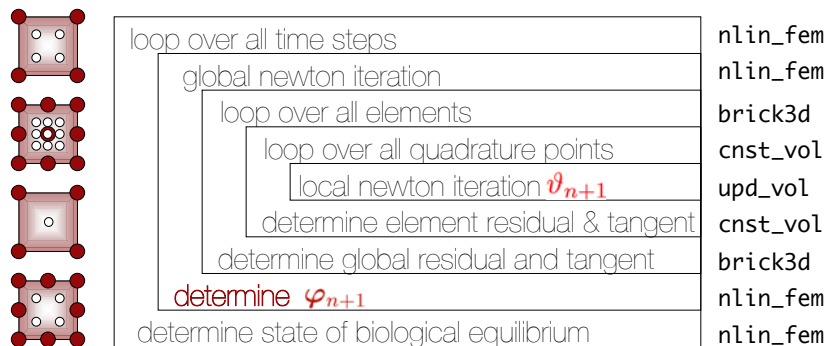


growth multiplier ϑ as internal variable

finite element method

10

integration point based solution of growth equation



growth multiplier ϑ as internal variable

finite element method

11

nlin_fem.m

```
%% loop over all load steps %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
for is = (nsteps+1):(nsteps+inpstep);
    iter = 0; residuum = 1;
    %% global newton-raphson iteration %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
    while residuum > tol
        iter=iter+1;
        R = zeros(ndof,1); K = sparse(ndof,ndof);
        e_spa = extr_dof(edof,dof);
        %% loop over all elements %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
        for ie = 1:nel
            [Ke,Re,Ie] = element1(e_mat(ie,:),e_spa(ie,:),i_var(ie,:),mat);
            [K, R, I] = assm_sys(edof(ie,:),K,Ke,R,Re,I,Ie);
        end
        %% loop over all elements %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
        u_inc(:,2)=dt*u_pre(:,2); R = R - time*F_pre; dofold = dof;
        [dof,F] = solve_nr(K,R,dof,iter,u_inc);
        residuum= res_norm((dof-dofold),u_inc);
    end
    %% global newton-raphson iteration %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
    time = time + dt; i_var = I; plot_int(e_spa,i_var,nel,is);
end
%% loop over all load steps %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
```

finite element method

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@ the element level



- determine global residual

check in matlab!

$$\mathbf{R}_J^{\varphi} = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_{\varphi}^j \cdot \mathbf{P}_{n+1} dV$$

- residual of mechanical equilibrium/balance of momentum

righthand side vector for global system of equations

finite element method

13

quads_2d.m

```
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
function [Ke,Re,Ie]=element1(e_mat,e_spa,i_var,mat)
%% element stiffness matrix Ke, residual Re, internal variables Ie
Ie = i_var;
Re = zeros(8,1);
Ke = zeros(8,8);
nod=4; delta = eye(2);
indx=[1;3;5;7]; ex_mat=e_mat(indx);
indy=[2;4;6;8]; ey_mat=e_mat(indy);
%% integration points
g1=0.577350269189626; w1=1;
gp(:,1)=[-g1; g1;-g1; g1]; w(:,1)=[ w1; w1; w1; w1];
gp(:,2)=[-g1;-g1; g1; g1]; w(:,2)=[ w1; w1; w1; w1];
wp=w(:,1).*w(:,2); xsi=gp(:,1); eta=gp(:,2);
%% shape functions and derivatives in isoparametric space
N(:,1)=(1-xsi).*(1-eta)/4; N(:,2)=(1+xsi).*(1-eta)/4;
N(:,3)=(1+xsi).*(1+eta)/4; N(:,4)=(1-xsi).*(1+eta)/4;
dNr(1:2:8 ,1)=-(1-eta)/4; dNr(1:2:8 ,2)= (1-eta)/4;
dNr(1:2:8 ,3)= (1+eta)/4; dNr(1:2:8 ,4)=-(1+eta)/4;
dNr(2:2:8+1,1)=-(1-xsi)/4; dNr(2:2:8+1,2)=-(1+xsi)/4;
dNr(2:2:8+1,3)= (1+xsi)/4; dNr(2:2:8+1,4)= (1-xsi)/4;
JT=dNr*[ex_mat;ey_mat]';
%% element stiffness matrix Ke, residual Re, internal variables Ie
```



finite element method

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@ the element level



- stiffness matrix / iteration matrix

check in matlab!

$$\mathbf{K}_{JL}^{\varphi} = \frac{\partial \mathbf{R}_J^{\varphi}}{\partial \varphi_L} = \mathbf{A}_{e=1}^{n_{el}} \int_{B_0^e} \nabla N_{\varphi}^j \cdot \mathbf{D}_F \mathbf{P} \cdot \nabla N_{\varphi}^l dV$$

- linearization of residual wrt nodal dofs

iteration matrix for global system of equations

finite element method

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quads_2d.m

```
%% loop over all integration points
for ip=1:4
indx=[2*ip-1; 2*ip]; detJ=det(JT(indx,:));
if detJ<10*eps; disp('Jacobi determinant less than zero!'); end;
JTinv=inv(JT(indx,:)); dNx=JTinv*dNr(indx,:);
F=zeros(2,2);
for j=1:4
jndx=[2*j-1; 2*j];
F=F+e_spa(jndx)*dNx(:,j)';
end
var = i_var(ip);
[A,P,var]=cnst_law(F,var,mat);
Ie(ip) = var;
for i=1:nod
en=(i-1)*2;
Re(en+ 1) = Re(en+ 1) +(P(1,1)*dNx(1,i)' ...
+ P(1,2)*dNx(2,i)') * detJ * wp(ip);
Re(en+ 2) = Re(en+ 2) +(P(2,1)*dNx(1,i)' ...
+ P(2,2)*dNx(2,i)') * detJ * wp(ip);
end
%% loop over all integration points
%% element stiffness matrix Ke, residual Re, internal variables Ie
```

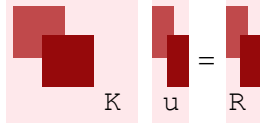


finite element method

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assm_sys.m

```
function [K,R,I]=assm_sys(edof,K,Ke,R,Re,I,Ie)
%% assemble local element contributions to global tangent & residual %
%% input: edof = [ elem X1 Y1 X2 Y2 ] ... incidence matrix
%%          Ke = [ ndof x ndof ] ... element tangent Ke
%%          Re = [ fx_1 fy_1 fx_2 fy_2 ] ... element residual Re
%% output: K = [ ndof x ndof ] ... global tangent K
%%          R = [ ndof x 1 ] ... global residual R
[nie,n]=size(edof);
I(edof(:,1),:)=Ie(:);
t=edof(:,2:n);
for i = 1:nie
    K(t(i,:),t(i,:)) = K(t(i,:),t(i,:))+Ke;
    R(t(i,:)) = R(t(i,:)) + Re;
end
```



finite element method

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@ the integration point level



- constitutive equations - given \mathbf{F} calculate \mathbf{P}

check in matlab!

$$\mathbf{P}(\mathbf{F}^e) = \mu \mathbf{F}^e + [\lambda \ln(\det(\mathbf{F}^e)) - \mu] \mathbf{F}^{e-t}$$

- stress calculation @ integration point level

stress for righthand side vector

finite element method

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@ the integration point level



- tangent operator / constitutive moduli

check in matlab!

$$\mathbf{A} = \frac{d\mathbf{P}}{d\mathbf{F}} = \frac{\partial \mathbf{P}}{\partial \mathbf{F}} \bigg|_{\mathbf{F}^g} + \frac{\partial \mathbf{P}}{\partial \mathbf{F}^g} : \frac{\partial \mathbf{F}^g}{\partial \theta} \otimes \frac{\partial \theta}{\partial \mathbf{F}} \bigg|_{\mathbf{F}}$$

- linearization of stress wrt deformation gradient

tangents for iteration matrix

finite element method

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cnst_vol.m

```
function[A,P,var]=cnst_vol(F,var,mat,ndim)
%% determine tangent, stress and internal variable
emod = mat(1); nue = mat(2); kt = mat(3); kc = mat(4);
mt = mat(5); mc = mat(6); tt = mat(7); tc = mat(8); dt=mat(9);
xmu = emod / 2 / (1+nue); xlm = emod * nue / (1+nue) / (1-2*nue);
%% update internal variable
[var,ten1,ten2]=updt_vol(F,var,mat,ndim);
theta = var(1)+1; Fe=F/theta;Fe_inv=inv(Fe);Je=det(Fe);delta=eye(ndim);
%% first piola kirchhoff stress
P = xmu * Fe + (xlm * log(Je) - xmu) * Fe_inv';
%% tangent
for i=1:ndim; for j=1:ndim; for k=1:ndim; for l=1:ndim
    A(i,j,k,l) = xlm * Fe_inv(j,i)*Fe_inv(l,k) ...
        - (xlm * log(Je) - xmu) * Fe_inv(l,i)*Fe_inv(j,k) ...
        + xmu * delta(i,k)* delta(j,l) ...
        + ten1(i,j)* ten2(k,l);
end, end, end, end;
A = A / theta;
```

finite element method

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@ integration point level



- discrete update of growth multiplier

check in matlab!

$$R_{n+1}^{\vartheta} = \vartheta_{n+1} - \vartheta_n - k \operatorname{tr}(M^e) \Delta t$$

- residual of biological equilibrium

local newton iteration

finite element method

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ex_tube1.m

```
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
function [q0,edof,emat,bc,F_ext,mat,ndim,nel,node,ndof,nip,nlod] = ex_tube1
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
%% material parameters for volume growth %%%%%%%%%%%%%%%
emod = 3.0; nue = 0.3;
kt = 0.5; kc = 0.25; mt = 4.0; mc = 5.0; tt = 1.5; tc = 0.5; dt=1.0;
mat=[emod,nue,kt,kc,mt,mc,tt,tc,dt];
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
l = 2.0; % length
ra = 1.0; % inner radius
ri = 0.5; % outer radius
nez = 8; % number of elements in longitudinal direction
ner = 4; % number of elements in radial direction
nep = 16; % number of elements in circumferential direction
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
tol = 1e-8;
ndim = 3;
nip = 8;
nel = nez * ner * nep;
node= (nez+1)*(ner+1)*nep;
ndof = ndim*node;
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
```

finite element method

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updt_vol.m

```
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
%% local newton-raphson iteration %%%%%%%%%%%%%%%
while abs(res) > tol
iter=iter+1;
Fe = F/the_k1; Fe_inv = inv(Fe); Ce = Fe'*Fe; Ce_inv = inv(Ce);
Je = det(Fe); delta = eye(ndim);
Se = xmu * delta + (xlm * log(Je) - xmu) * Ce_inv;
Me = Ce*Se; tr_Me = trace(Me);
CeLeCe = ndim * ndim * xlm - 2 * ndim * (xlm * log(Je) - xmu);
dtrM_dthe = - 1/the_k1 * ( 2*tr_Me + CeLeCe );
if tr_Me > 0
k = kt*((tt-the_k1)/(tt-1))^mt;
dk_dthe = k / (the_k1-tt) * mt;
else
k = kc*((the_k1-tc)/(1-tc))^mc;
dk_dthe = k / (the_k1-tc) * mc;
end
res = k * tr_Me * dt - the_k1 + the_k0;
dres =(dk_dthe * tr_Me + k * dtrM_dthe)*dt -1;
the_k1 = the_k1 -res/dres;
if(iter>20); disp(['*** NO LOCAL CONVERGENCE ***']); return; end;
%% local newton-raphson iteration %%%%%%%%%%%%%%%
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
```

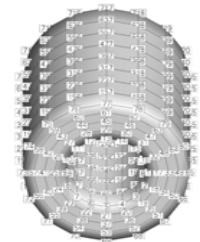
finite element method

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ex_tube1.m

```
%% coordinates %%%%%%%%%%%%%%%
q0 = zeros(ndim*node,1);
nn = 0;

delta_z = l / nez;
delta_r = (ra-ri) / ner;
delta_t = 2*pi / nep;
for iz = 0:nez
z = iz * delta_z;
for ir = 0:ner
r = ri + ir * delta_r;
for ip = 0:(nep-1)
p = ip * delta_t;
nn = nn + ndim;
q0(nn-2,1) = r*cos(p);
q0(nn-1,1) = r*sin(p);
q0(nn ,1) = z;
end
end
%% coordinates %%%%%%%%%%%%%%%
```



finite element method

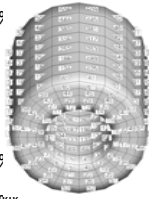
24

ex_tube1.m

```

%% connectivity %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
for ie = 1:nel
    edof(ie,:)=[ie, ndim*enod(ie,1)-2 ndim*enod(ie,1)-1 ndim*enod(ie,1) ...
               ndim*enod(ie,2)-2 ndim*enod(ie,2)-1 ndim*enod(ie,2) ...
               ndim*enod(ie,3)-2 ndim*enod(ie,3)-1 ndim*enod(ie,3) ...
               ndim*enod(ie,4)-2 ndim*enod(ie,4)-1 ndim*enod(ie,4) ...
               ndim*enod(ie,5)-2 ndim*enod(ie,5)-1 ndim*enod(ie,5) ...
               ndim*enod(ie,6)-2 ndim*enod(ie,6)-1 ndim*enod(ie,6) ...
               ndim*enod(ie,7)-2 ndim*enod(ie,7)-1 ndim*enod(ie,7) ...
               ndim*enod(ie,8)-2 ndim*enod(ie,8)-1 ndim*enod(ie,8)];
end
%% boundary conditions %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
du = l/2; nb = 0;
for ib = 1:(nep*(ner+1))
    if(abs(q0(ndim*(node-nep*(ner+1))+ndim*ib-2)-0.0)<tol)
        nb = nb+1; bc(nb,:) = [ndim*ib-2 0];
    end if(abs(q0(ndim*(node-nep*(ner+1))+ndim*ib-1)-0.0)<tol)
end
%% loading %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
load = 0.0; F_ext = zeros(ndof,1); nload = 1;
%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%

```



finite element method

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ex_tube1.m

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Comp Meth Eng Sci. 2005;8:119-134

Computational modelling of isotropic multiplicative growth

G. Himpel, E. Kuhl, A. Menzel, P. Steinmann

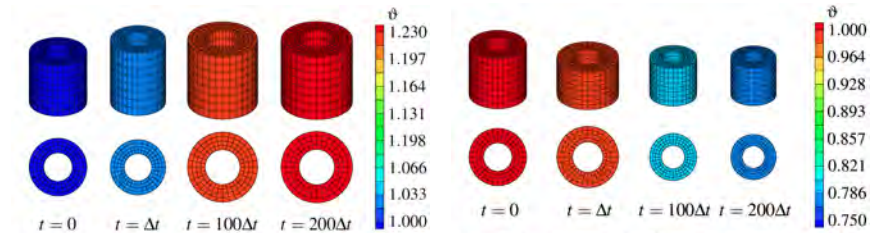


Figure 10 : Deformation of the tube and evolution of the stretch ratio for an axial stretch $u = 1.0$.

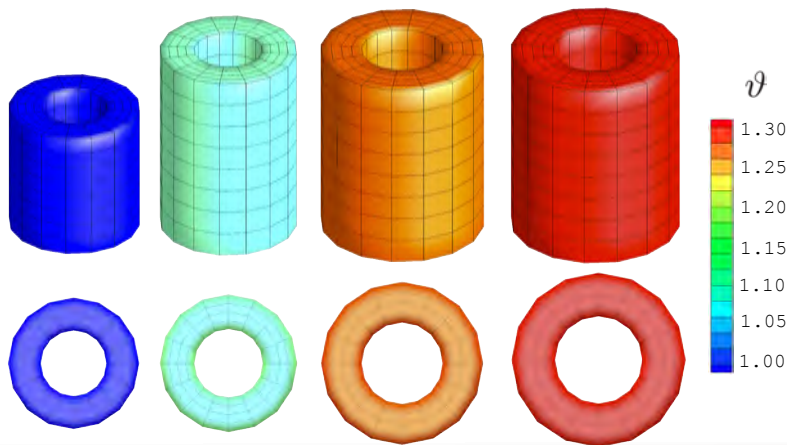
Figure 12 : Deformation of the tube and evolution of the stretch ratio for an axial compression $u = -1.0$.

himpel, kuhl, menzel & steinmann [2005]

finite element method

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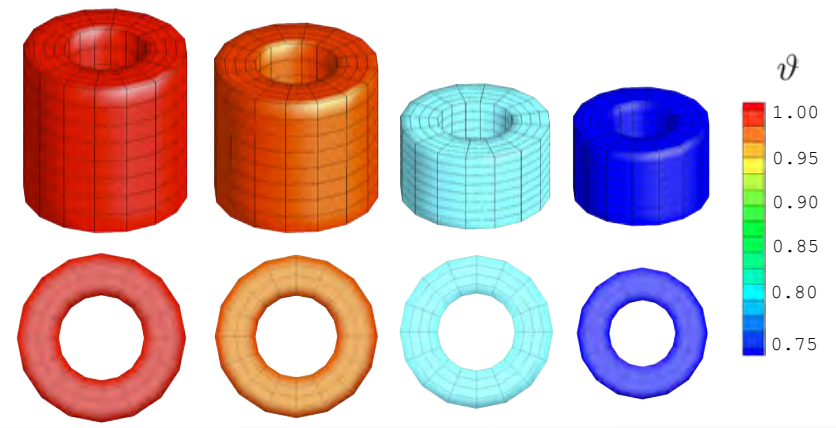
ex_tube1.m



finite element method

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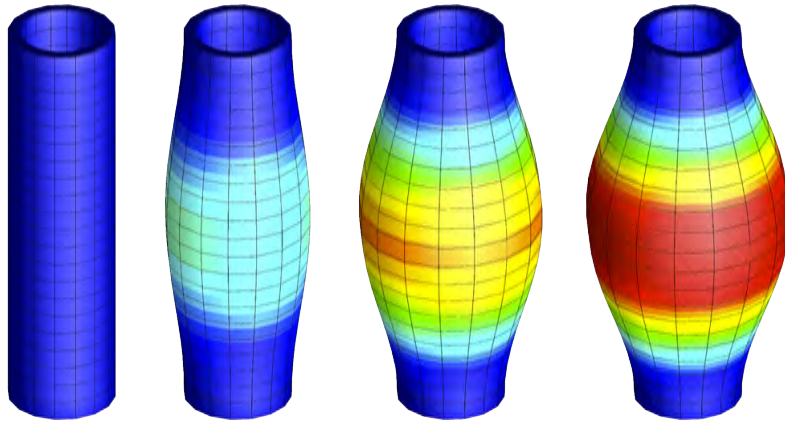
ex_tube2.m



finite element method

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ex_tube3.m



finite element method

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atherosclerosis

atherosclerosis is a condition in which an artery wall thickens as the result of a build-up of fatty materials. the atheromatous plaques, although compensated for by artery enlargement, eventually lead to plaque rupture and clots inside the arterial lumen. the clots leave behind stenosis, a narrowing of the artery, and insufficient blood supply to the tissues and organ it feeds. if the artery enlargement is excessive, a net aneurysm results. these complications of advanced atherosclerosis are chronic, slowly progressive and cumulative.



example - atherosclerosis

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atherosclerosis

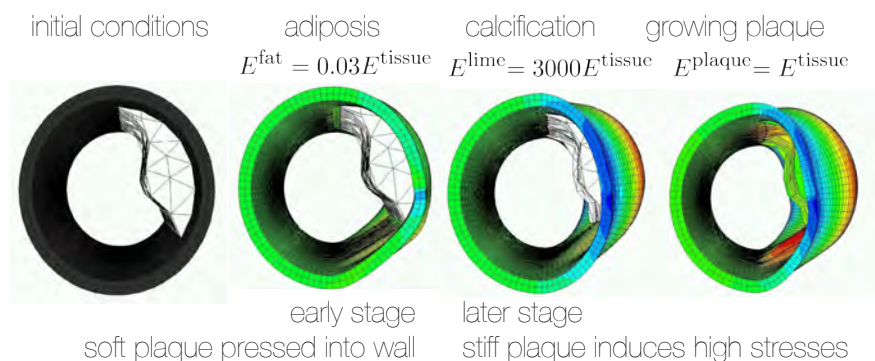


[greek] arteria = artery / sclerosis = hardening

example - atherosclerosis

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qualitative simulation of atherosclerosis



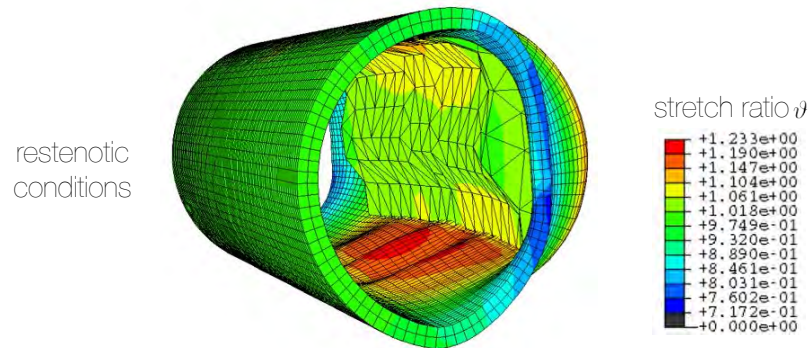
overall thickening - thickening of individual fascicles

holzapfel [2001], holzapfel & ogden [2003], kuhl, maas, himpel & menzel [2007]

example - atherosclerosis

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qualitative simulation of atherosclerosis



re-narrowing of x-section in response to high stress

kuhl, maas, himpel & menzel [2007]

example - atherosclerosis

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in-stent restenosis

restenosis is the reoccurrence of stenosis, the narrowing of a blood vessel, leading to restricted blood flow. restenosis usually pertains to a blood vessel that has become narrowed, received treatment, and subsequently became renarrowed. in some cases, surgical procedures to widen blood vessels can cause further narrowing. during balloon angioplasty, the balloon 'smashes' the plaques against the arterial wall to widen the size of the lumen. however, this damages the wall which responds by using physiological mechanisms to repair the damage and the wall thickens.

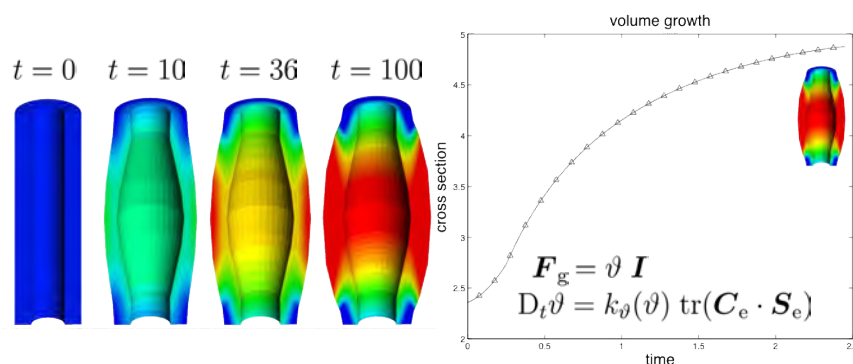


example - stenting and restenosis

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qualitative simulation of stent implantation



stress-induced volume growth

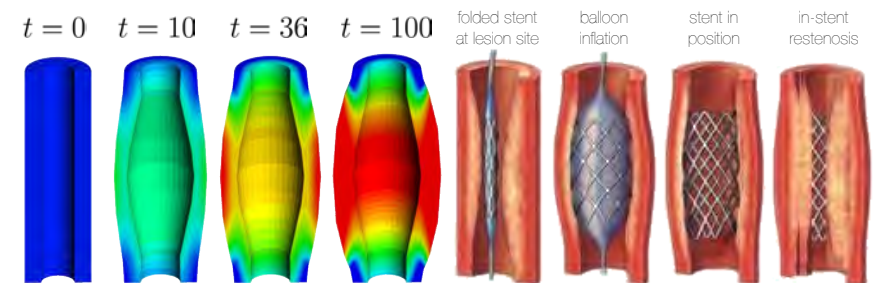
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

35



qualitative simulation of stent implantation



stress-induced volume growth

kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

36



generation of patient specific model



computer tomography - typical cross section

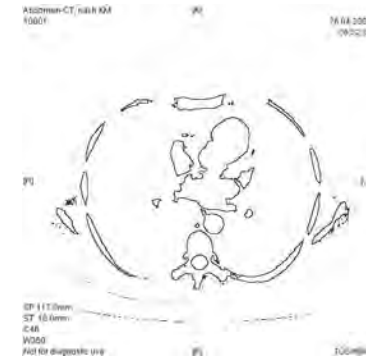
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

37



generation of patient specific model



outline of ct image - typical cross section

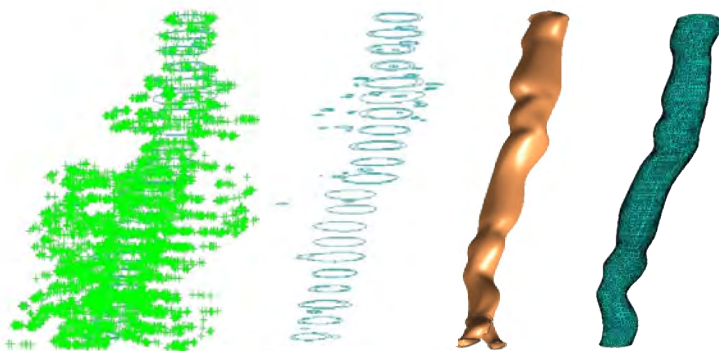
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

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generation of patient specific model



from computer tomography to finite element model

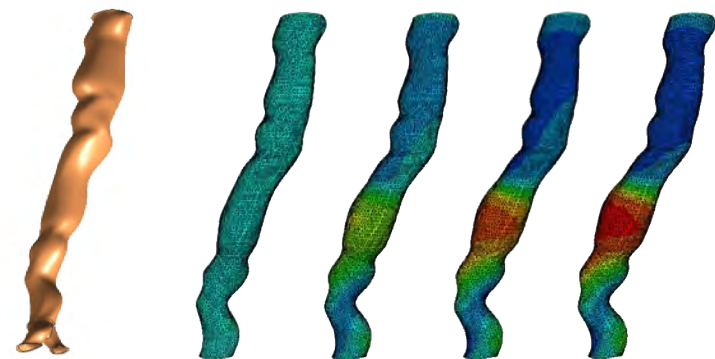
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

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virtual stent implantation - patient specific model



tissue growth - response to virtual stent implantation

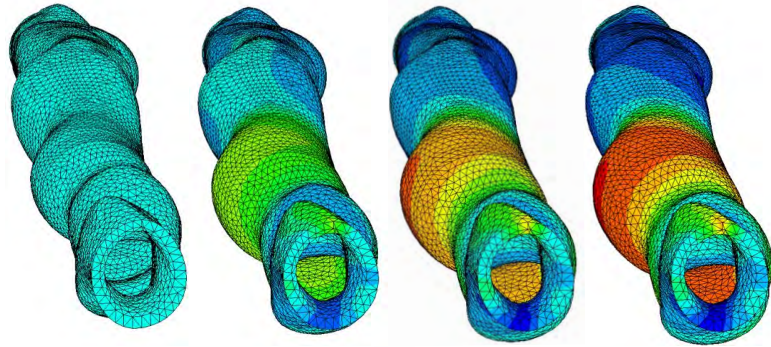
kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis

40



virtual stent implantation - patient specific model



tissue growth - response to virtual stent implantation

kuhl, maas, himpel & menzel [2007]

example - stenting and restenosis